

JULY 16 - 30

**15-DAY PILGRIMAGE: TRAVELLING THROUGH THE REALMS OF RITUALS
AND SACRED TEACHINGS, IN THE HEART OF THE ANDES**

EMBODYING THE POWER OF YOUR PERSONAL PATH

**PERU:
CUSCO & AUSANGATE**



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PILGRIMAGE SUMMARY & ITINERARY PACKAGE

COORDINATED BY: ANDRES YA'EL VILLA

DEVELOPED BY: NICOLAS PAUCCAR



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PILGRIMAGE SUMMARY

1ST SEGMENT (JULY 16TH - JULY 25TH) CUSCO AND MACHU PICCHU

Day 1: (July 16th, 2023) Arrival to Cusco (International travellers must fly to Lima and then take domestic flight to Cusco). Group integration talk.

Day 2: (July 17th, 2023) Pilgrimage through Tambomachay - Archeological Complex Pilgrimage through Sacsayhuamán - Archeological Complex.

Day 3: (July 18th, 2023) Pilgrimage to Amaru Machay (Temple of the Moon).

Day 4: (July 19th, 2023) Pilgrimage to Tipon Temple & Puma Marca.

Day 5: (July 20th, 2023) Archeological Park of Pisa. Train from Ollanta to Machu Picchu (town).

Day 6: (July 21st, 2023) Visiting Machu Picchu's Market.

Day 7: (July 22nd, 2023) Rest day with workshops Offerings to the Apus & Working with the Air and Fire elements.

Day 8: (July 23rd, 2023) Train trip from Aguas Calientes to Ollanta. Pilgrimage to Ollantaytambo archeological site & Visiting Moray Site.

Day 9: (July 24th, 2023) Visit to Lake Queswa Chaka.

Day 10: (July 25th, 2023) End of Pilgrimage's 1st Segment, transport to the Airport Day of rest for those continuing to 2nd Segment.

2ND SEGMENT (JULY 25TH - JULY 30TH) APU AUSANGATE

Day 10 (1): (July 25th, 2023) Arrival to Cusco, integration talk. Apu Ausangate Initiation talk. Apus and Pachamama offering.

Day 11 (2): (July 26th, 2023) Journey from Cusco a Ocongate T'inke (3hr). Pilgrimage from T'inke to Ausangate (6hrs).

Day 12 (3): (July 27th, 2023) Oral transmission for Missa management. Physical and Emotional cleansing work Apu Ausangate. Preparations for the Missa.

Day 13 (4): (July 28th, 2023) Karpay Ceremony. Bestowal of Missa or Renovation. Pampamisayoq initiation Ceremony.

Day 14 (5): (July 29th, 2023) Return to Cusco, Rest Day.

Day 15 (6): (July 30th, 2023) End of Pilgrimage. Transport to the Airport



AYNI

(BALANCED RECIPROCITY)

*The Whole Pilgrimage (Both Legs / Segments, 15 days / 14 Nights) has an Ayni of 3888 USD, This includes a Chullo (Ceremonial hat), a Chalina (Ceremonial Scarf) and a ceremonial Rattle.

*The Ayni for the 1st Leg/Segment (10 Days / 9 nights), is 2555 USD, Does NOT Include Ceremonial tools (Chullo / Chalina / Rattle).

*The Ayni for the 2nd Leg/Segment (6 Days / 5 nights), is 2111 USD, Does NOT Include Ceremonial tools (Chullo / Chalina / Rattle).

*The Ayni for the Sacred Plant Medicine Ceremony (optional)

-San Pedro 150 USD per person or

-Ayahuasca 250 USD per person, According to availability. These would take place on the 2nd part of the Pilgrimage.

IMPORTANT:

To Reserve your spot to this Pilgrimage you have 2 options:

A- Screenshot of the Airplane ticket & and flight confirmation, where we can see the following info: AIRLINE, FLIGHT NUMBER AND FLIGHT SCHEDULE. It is Important that it shows both arrival and departure from Cusco to Lima and back

B- You can RESERVE with 30% of the Ayni of the Journey you Choose, whether it is the Whole Pilgrimage, or, 1st Leg/Segment, or, 2nd Leg/Segment.

In Both options the remainder of the balance must be given in cash at the time of arrival once you are welcomed to the hotel by your Organizer. For this reason, we want to ask to bring bills that are new since older bills, scratched, written on, ripped etc, are not accepted in Peru. We request that the cash is placed in an envelop so that it is not folded, since creases and folding marks are also cause for the cash to be rejected in Peru.

In the case that you want to do a International Bank Transfer (Wire Transfer), you must finalize the transfer 5 days prior to your arrival to Peru since the authentication/verification process takes 72 business hours once the deposit has been made. Additionally, you must transfer an extra 15% from the original Ayni, of your chosen journey because of the transfer surcharge generated between banks. Another way around this, is making sure that your bank deposits the amount in Dollars without currency-conversion fees.

For Peruvian passengers: Transactions between Banks and Cards (of different institutions) must add an Additional 18% plus existing commissions, on all National banking transactions.

If you would like to pay with a credit card, you must add an additional 8% to the original Ayni. Please make sure to find out with us if this additional 8% is still in place at the day of your payment).



All Hotel rooms will be shared between 2 or 3 people, as well as camping tents (2 people per tent) while on the Journey to Ausangate. In the case that you would like to request a private room and or private tent. However these have an additional cost outlined below:

-Private room: Additional \$25 dls per day: \$25 usd per day with a total of \$275 usd for the 11 nights in Cusco and Machu Picchu (For the whole journey), or, \$225 usd for 9 nights of only the 1st leg/segment, or, \$50 usd for 2 nights of hotel for only the 2nd leg/segment.

-Private Tent: 150 soles (Around \$40 USD) For the 4 nights in Ausangate

The Tent Cost is in relation to additional resources required: Workers and animals to carry, install, uninstall and take back your tent.

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ROUTE DEVELOPMENT

The magical city of Cusco is located in the valley of the Huatanay River, in the southern highlands of Peru. Its name in Quechua, Qosqo, means “navel” or in symbolic form, “center” or “meeting point”, because from the city of Cusco which was the capital of the Inca empire or Tahuantinsuyo began a vast network of roads (Inca Trail) that led to the four suyos or regions, which made up the 4 parts of the universe in the Andean cosmovision. Considered by the Incas as the “Abode of the Gods”, Cusco is, without a doubt, the most fascinating, magical and mystical city in the Andes.

Founded by Manco Capac and Mama Ocllo, children of the Sun God, who left Lake Titicaca with the mission to find a place that would be the center of a great kingdom. When you travel as a tourist you usually go in search of pleasure, entertainment, fun, beauty, etc., turning your trip into a common visit to archaeological sites without any sense other than to take simple pictures of the places.

Pachamama Sacred Paths offers an wide variety of forms, rhythms, rituals and experiences, in order to find your vital energy, your balance, your awakening of consciousness, accepting yourself, knowing yourself and cultivating the immaterial essence of your existence.

The road is usually a route, an access that takes us from one place to another, the magic of this pilgrimage is that the journey converts the road and the routes, in a way that takes you from one emotional state to another, from a state of ordinary consciousness to a higher consciousness, understanding on the road the way and the attitude to face the situations of life.

We want your experience to go beyond a tourist visit. Our purpose is to offer you a living experience of communion with the PACHAMAMA and the APUS, to be part of a unique and different ancestral experience; of deep spiritual interrelation, between MAN and EARTH, and MAN and ENERGY, through inner work and ancestral ceremonies, directed by Andean Sages who preserve the knowledge of the Inca culture.

We Will Work:

- Self Healing, Assisted healing and healing mechanics
- Wisdom and teachings from Andean trilogy and Andean duality
- Andean codes
- Andean Shamanic Real Initiation (Priest Initiation)
- Experimental learnings about the laws of Andean Duality and Andean Trilogy
- Ceremonies in which we will work at a physical, mental, and spiritual levels with ancestral Inka sounds
- Learn the Andean way to make offerings to the Apus and Pachamama
- Andean Oracle
- How to master the Missa and shamanic stones

Pilgrimage Objectives:

- To embody the Commitment of healing Oneself
- To discover the magical spiritual world of the Andes to integrate it in our day-to-day life
- To find the use and function of the Sacred Archeological site to be visited
- To Heal both the physical and emotional bodies
- To take Consciousness of the Human-Being's Evolution
- To take the full commitment, respect and responsibility of One's Self



GUIDES & SHAMANS

OUR GUIDES AND SHAMANS, EXCLUSIVELY FROM THE Q'ERO COMMUNITY

The people from the Q'ero Nation, who are considered to be the last Inca Ayllu, Cultural Reserve, the place of the chosen ones, has been declared an important cultural Patrimony of Peru. One of the Alto Andean Communities from the region which still preserve their ancestral customs, reflected in their lifestyles as well as in their agriculture and textile techniques, but most importantly, reflected in the way of Andean Spirituality that they exemplify.

In This way, the Q'ero practice day-to-day Andean rites, while keeping a close relationship with Pachamama and the Apus. They make their way via Pilgrimage to Sacred Mountains such as Apu Ausangate, Q'oyllurritty, Huamanlipa, experiencing deep communion with all natural elements. The Q'ero greatest strengths is their spirituality as well as their Textile Art where they preserve their peculiar iconography and which are made with natural tinctures. Their most well known textile styles are “pallay ch'uncho”, “inti pallay” “las q'ochas” amongst a few others.

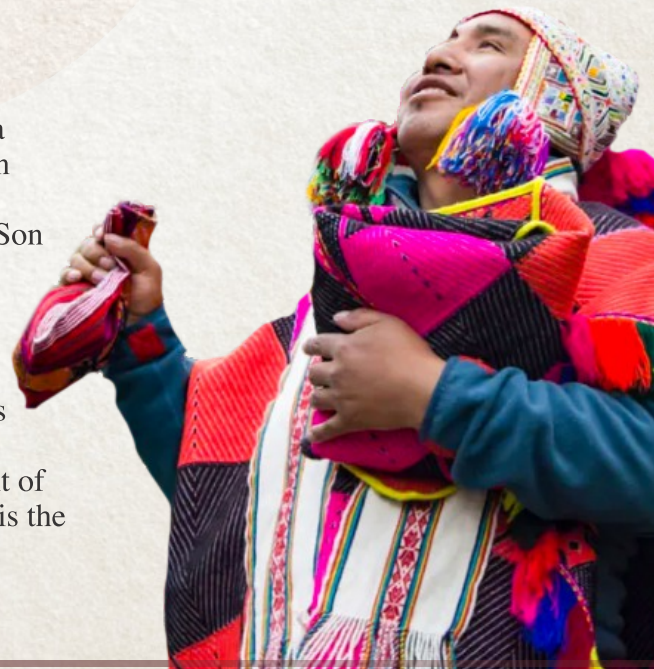
THE PILGRIMAGE WILL BE ORGANIZED AND TRANSLATED BY:

Andres Ya'el Villa, Offers an experience of tangible spirituality, which flows as embodiment of consciousness. Andres provides a Rich space for Inner growth, filled with transmutation, real healing and Joy for living. All in connection to the Apus, the 4 directions, the 4 elements and our Sacred Pachamama. As the Great Grandson of Mexican Revolutionary hero, General Francisco (Pancho) Villa, Andres Yael carries a Lineage of freedom and independence. In the Shamanic path, this has meant understanding all models for spirituality as different Anyas (truths) that complement each other in their contrasts, but most importantly, that they are not meant to be submitted to.

Andres has been working with Buddhist and Hindu Spirituality since 2012, Becoming a Zen Doshi and a Kriya Yoga Teacher. However, his Mexican roots exposed him to Sacred Ancestral wisdom from his early childhood, from different cultures like the Tarahumaras, Raramuris and Guarijó from the north of Mexico understanding the natural ways of communities that live in harmony with Pachamama. Later he Studied under a female Hopi Native American Priestess, and learned from Lakota teachers in California. He was initiated into Altomissayoq in September of 2022 after practicing the Pampamissayoq Role for the community since 2018. He Became a Sacred Medicine Healer in 2013 shortly after being called by the medicines that accompany his path since 2013.

THE PILGRIMAGE WILL BE LED BY:

Nicolás Paucar, who is known as the young master, considered as a walking museum of the Q'ero community and who currently lives in Cusco-Peru is a re-knowned Shaman, International Public speaker, healer, Andean Oracle and an Andean Priest from the Q'ero lineage. Son of Sebastián Paucar Flores. Cusco's representative of Ayni Global, which is a Non Profit organization dedicated to the preservation of culture and indigenous wisdom. He is a leader in his community for management of social subjects in relationship to national and international institutions. He advocates for Ancestral and indigenous cultures. He has had many encounters with different cultures and presidents like Ollant Humala from Peru and Evo Morales, president of Bolivia. Nicolas is the main character in the Movie HUMANO and is the Author of the book “This is how a Q'ero speaks”



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FULL ITINERARY 1ST LEG / SEGMENT

Day 1: (July 16th, 2023)

- Pick up at Cusco's International Airport.
- Transport to Cusco's Hotel
- Group integration talk & Introduction talk about Andean Cosmovision
- Receiving the Pilgrimage's Full official program
- Night in Cusco hotel

Day 2: (July 17th, 2023)

- Breakfast buffet
- Tour begins at 8:30AM
- Pilgrimage through Tambomachay
- Archeological site
- Pilgrimage through Sacsayhuamán
- Archeological site
- Lunch Menu
- Dinner not included
- Night in Cusco Hotel




Day 3: (July 18th, 2023)

- Breakfast buffet-Tour begins at 8:30AM
- Pilgrimage through Amaru Machay (Temple of the Moon)
- Lunch Buffet
- Free Afternoon. Suggested Activities: Museums, Theater plays, Cathedrals, or, Coca readings
- Dinner not included
- Night in Cusco Hotel



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Day 4: (July 19th, 2023)

- Breakfast buffet
- Tour begins at 8:30AM
- Pilgrimage through Tipon
- Lunch Menu
- Pilgrimage to Puma marca
- Dinner not included
- Night in Cusco Hotel



Day 5: (July 20th, 2023)

- Breakfast buffet
- Tour begins at 7:30AM
- Pilgrimage through Archeological park of Pisac
- Lunch Buffet
- Train trip from Ollanta to Machu Picchu
- Dinner not included
- Night in Aguas Calientes Hotel



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Day 6: (July 21st, 2023)

- Breakfast buffet
- Pilgrimage through the “Ciudadela” de Machu Picchu
- Working with Andean Duality and Andean Trilogy (CHAKANA)
- Dinner not included
- Night in Aguas Calientes Hotel



Day 7: (July 22nd, 2023)

- Breakfast buffet
- Free Morning
- Lunch Menu
- Working with Ofrendas to the Apus
- Working with the element of Air and Fire, Physical relationships
- Night in Aguas Calientes Hotel

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Day 8: (July 23rd, 2023)

- Breakfast buffet
- Train trip from Aguas Calientes to Ollanta
- Pilgrimage through Ollantaytambo, Archeological park
- Lunch Buffet
- Pilgrimage to Moray
- Night in Cusco Hotel



OLLANTAYTAMBO

Day 9: (July 24th, 2023)

- Breakfast buffet
- Tour begins at 4:00AM
- Pilgrimage Visita Laguna Queswachaka
- Lunch
- Night in Cusco Hotel




Q'ESWECHAKA

Day 10: (July 25th, 2023)

- Breakfast buffet
- Free day for those continuing with the Pilgrimage to Apu Ausangate
- Transport from Cusco hotel to the Airport

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Journey To Cusco And Sacred Valley Includes The Following:

- Transport from the the Airport to hotel, and back to the Airport on departure.
- Exclusive and private transport to all the Sacred Sites listed on the itinerary.
- Train Ticket from Ollantaytambo to Aguas Calientes, and back to Ollaytan tambo Ticket de tren Ollantaytambo – Aguas Calientes - Ollantaytambo
- Hotel stay in a shared room with either 2 or 3 people. Single rooms are available with additional fee.
- Daily Breakfast and Lunch included.
- Guided Tours in Machu Picchu, City Tour, and the Incan Sacred Valley.
- Ceremonies, Ancestral Rituals, & talks with Andean teachers and Organizing teachers
- Pachamama offering from every participant.
- Self-Healing course, Assisted healing and Andean Code Healing
- Andean Cosmovision Course. Every subject indicated in the program
- Day passes for every one of the Archeological sites shown in the itinerary (City Tour, Sacred Valley, Machu Picchu, etc.)

Whats Not Included In The Cusco - Machu Picchu Journey:

- Second visit/trip to Machu Picchu.
- Tips
- Soft drinks or prepared drinks
- Hot beverages
- Alcoholic Drinks
- Dinners

What to Bring


- Sunblock
- Sun hats / caps
- Sunglasses
- Trail shoes



CUSCO

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2ND LEG / SEGMENT, APU AUSANGATE

INITIATION INTO HAMPEQ, PAMPAMISSAYOQ OR ALTOMISSAYOQ

Ausangate is the 5th tallest mountain in Peru. Its peak reaches 6372 Meters above sea level. It is located 100 Kilometers southeast of the city of Cusco.

It is situated in the Andean Mountain Range, in a trail called Vilcanota Mountain Range, which corresponds to the region of Cusco, Peru. It has beautiful lagoons that have a luminous greenish blue colors.

The Legends and traditions from the Inca Mythology speaks about this mountain and its closeby lakes (Sibinacocha) saying that this is the place of birth of the Planet's Masculine energy which fertilizes our Mother Pachamama. It is considered the Cosqo Nawi or Solar Plexus which is Power. After a long channeled draining, the consciousness of Yacumama flows towards the Amazon Rivers each day, returning at night to rest in the glaciers of these mountains to finally flow upward into the river of stars called WILLKAMAYU (the milky way). The CHILLCA community, which is made up primarily of llama and Alpaca Sheppherds, know Ausangate as the guardian of this region. One custom is to make pilgrimages towards the mountain and spend the nights in Tambos. The Most common one is MACHURACAY TAMBO.

APU AUSANGATE is considered as the ultimate mountain destination in the search of initiation for Andean Priests and Priestess. This is a powerful space to create despachos, pilgrimages and payments from all Missayoqkuna, who are the last heirs of the Quechuan Oral tradition. Apu Ausangate is also Considered as the most important Guardian and teacher Apu of the Tahuantinsuyo. Called Apu Mayor, or, the Major Apu.



We Will Work:

- Learning to manage your Missa and Khuyas
- Transmission of the Oral Tradition
- Learning with the help of the Andean Codes
- Andean Shamanism realm Initiation (Andean Hampeq Priest or Pampamissayoq)
- Learning how to make offerings to the Apus and Pachamama
- Learning the mechanics of Self-Healing through your Missa • Andean Oracle (Optional)

Journey Objectives:

- To embody the commitment of Healing your life
- To know the Spiritual/Magical world of the Andes and to integrate it in our Day-To-Day lives by obtaining your priest rold of Hampeq or Pampamissayoq

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FULL ITINERARY 2ND LEG / SEGMENT

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- Andean Oracle
- How to master the Missa and shamanic stones

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- To find the use and function of the Sacred Archeological site to be visited
- To Heal both the physical and emotional bodies
- To take Consciousness of the Human-Being's Evolution
- To take the full commitment, respect and responsibility of One's Self



FULL ITINERARY 2ND LEG / SEGMENT

Day 10 (1): (July 25th, 2023)

- Pick up from Cusco International Airport
- Transport to the Hotel
- This is day is focused only for those joining the 2nd part of the pilgrimage focused on Apu Ausangate.*
- Group Integration talk.
- Apu Ausangate Initiation talk.
- Full official program is given
- Tea and other infusion drinks
- Welcome Ceremony and offering to Pachamama and the Apus
- Night In Cusco Hotel

Day 11 (2): (July 26th, 2023)

- Breakfast Buffet
- Journey towards Ausangate @ 6:30AM
- Transport from Cusco to Ocongate T'inke 3hr
- Light Lunch on a pit stop
- Pilgrimage from T'inke to Ausangate 6hr walk
- Night camping in Ausangate

Day 12 (3): (July 27th, 2023)

- Breakfast Buffet @ 7:30AM
- Initiation work @ 9:00AM
- Lunch
- Oral Wisdom-Transmission for Missa Mastering
- Purification Work from both Physical and Emotional bodies with the energy and water from Apu Ausangate
- Preparation for the bestowal of your Missa in the traditional way
- Night camping in Ausangate

Day 13 (4): (July 28th, 2023)

- Breakfast Buffet @ 7:30AM
- Initiation work @ 9:00AM
- KARPAY Ceremony
- Bestowal of Missa or Renovation of commitments if you already have one
- Welcoming Pampamissayoq Ceremony
- Night camping in Ausangate

Day 14 (5): (July 29th, 2023)

- Breakfast Buffet @7:30AM
- Pilgrimage back from Ausangate to T'inke 6hrs
- Lunch on the drive back
- Hotel night in Cusco

Día 15 (6): (July 30th 2023)

- Breakfast Buffet @7:30AM
- Transport back to the airport



What Is Included In The Ausangate 2nd Leg/segment:

- Transport from Cusco Airport to Cusco Hotel and back.
- Exclusive and private transport.
- Horses and workers to carry your personal things up the mountain
- Full meals in the mountain
- Karpay Rituals and many other rituals in relation to your initiation
- Entrance to Ausangate Natural Park
- 2 Hotel Nights at a 3 Star hotel, shared rooms with 2 or 3 people. Private accommodations available.
- 3 Camping nights.
- Sleeping arrangements, sleeping bags, Tents, sleeping mats.
- Oral tradition workshops about Missa and its use.
- Traditional teachings for offering gifts and ofrendas to Pachamama and the Apus
- Teachings about Self-healing using your Missa

Whats Not Included In The Cusco - Machu Picchu Journey:

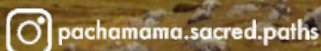
- Ritual Instruments (unless you sign up for the whole Pilgrimage)
- Tips
- Miscellaneous gifts and purchases
- Flights

What to Bring

- Sunblock
- Sunglasses
- Water Sandals
- Towels
- Mountain Clothing (warm enough for -5 Centigrades /20 degree fahrenheit weather).
- Backpack (to carry just what is necessary)

APU AUSANGATE

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SENDING YOU A LUMINOUS HUG AND MUNAY IN YOUR PATH

ANDRES YA'EL

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