

# Hampeq Karpay



## Plant Sacrament Shamanic Training

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# The Q'ero Lineage

## Who are the Q'ero?

The Q'ero people are the guardians of the Andes Mountains in Peru. Their community lives in the region of Q'eros, which is composed of Bajo, Medio, and Alto Q'ero.

The Q'ero were designated by the Inka (The Enlightened One) as the high priests and priestesses of the entire Empire. The Inka himself followed the tradition of choosing the Q'ero high priests as spiritual counselors.

Among all the regions of the Inca Empire, the Q'ero were considered the ones holding the highest spiritual truth, carrying humanity's origin story and wisdom for over 8,000 years. This wisdom has been the means for humanity to fulfill the prophecy of the Eagle and the Condor.

We have the joy of carrying this lineage's wisdom and the honor of sharing this world of real magic with everyone ready to fulfill this prophecy in their lives.

You will experience authentic reverence for Mother Earth and each of her elements.

This retreat offers multiple initiations into a personal relationship with Mother Earth, Nina Taita (Grandfather Fire), and the Q'ero lineage itself through a Karpay ceremony.

### INITIATIONS:

Yucumama (Flowering bath)

Nina Taita (Temazcal)

Hampeq Karpay (Q'ero lineage initiation)



*Pachamama*



The Q'ero tradition offers a path of self-realization with rich experiential wisdom that is practical in its integration. The integration of this wisdom paves the way for the fulfillment of many prophecies, including the Return of Pachakuteq and the prophecy of the Eagle and the Condor.

The Q'ero were the counselors of the Inka, advising on the best ways to bring balance and harmony. They are the healers, the magicians, and the stewards of Mother Earth. Among the many tribes and spiritual lineages of the Andes and the Inka Empire, the Q'ero were the chosen priests.

Through Muyucanchas (sacred portals), the Q'ero remained largely unaffected by Spanish colonization, preserving and evolving their wisdom for over 5,000 years.

The cosmology of the Q'ero offers tangible experiences of divinity, allowing one to embody ancestral wisdom that brings heightened states of consciousness, flow, and joy. The art of detachment opens the way to Sumaq Kawsay, which means “Right Living.” Along with the Qhapaq Ñan and the Seven Andean Codes, this retreat offers an initiation into the practical ways of the Andes.

This path honors our Mother Earth and each of her elements. It integrates the fire in our hearts, the flow of water in our minds, the gentle air in our speech and actions, and the grounding of the earth beneath our feet as our Mother herself.

The path of magic, love, and joy becomes an experience in our day-to-day life. This path is called the Qhapaq Ñan, which means the Path of the Righteous and Wise.

On this Q'ero path, we have the opportunity to integrate Andean wisdom into our lives in practical ways through the Seven Andean Codes:

- Merging with... **KAWSAY (Existence)**
- Discovering your... **ANYA (Truth)**
- Awakening your... **MUNAY (Love, Wish and Power)**
- Responsibility &... **LLANK'AY (Work)**
- Integration and... **YACHAY (Wisdom)**
- Self-Worth, Reciprocity &... **AYNI (Balance with life)**
- Time-Space &... **KAWSAY PACHA (Life after Life)**

Through this shamanic training, you will integrate the wisdom of the Andean Codes, experiencing the Qhapaq Ñan and opening the way to Allin Kawsay, which translates to Aligned Living (Right Living).

Allin Kawsay (Right Living) has many expressions, including Tawatinsuyo, Tawa Chakana, and Tawa Allinllakuna.

# Hampeq Online Program

## What you will receive

### Communion with plant allies

- 3 Ayahuasca Ceremonies
- 3 San Pedro Ceremonies
- 3 Padre Sapo Ceremonies
- 3 Hapé Ceremony
- 2 Niños Santos Ceremonies
- 2 Kambo Ceremonies

### Supportive healing processes

- Pratismarati Sacred Breath
- IPOC (Somatic Trauma Healing)

### Traditional Peruvian Q'ero rituals

- Ceremonial Ofrenda Creation
- Q'ero Karpay Ceremony
- Despacho

### Initiation & rites

- 9 Munayki Rites
- Initiation with the Apus
- Hampeq (medicine healer) Initiation
- Lineage Initiation



# Refund Policy

Pachamama Sacred Paths is a federally recognized 501(c)(3) religious nonprofit dedicated to sacred ceremonies, spiritual guidance, and a supportive community for those on the path of healing and transformation.

## Terms of Participation

By registering for our services, you acknowledge that you are:

- Supporting the preservation of a sacred spiritual lineage.
- Gaining access to Pachamama’s spiritual benefits, integration resources, and guidance.
- Joining a protected religious community that honors Pachamama’s sacramental practices.

## Religious Donation & Disclosure

Your contribution is a non-refundable religious donation that directly supports Pachamama’s mission. Membership is a spiritual commitment, not a commercial transaction. All donations are final.

By making this donation, you affirm your understanding and acceptance of these terms.

We welcome you with open hearts to this sacred journey of transformation and wisdom.



# Syllabus

## **Weekend 1: Opening, Orientation, Hampeq Fundamentals**

- Opening ceremony
- Kriya intro (online adapted)
- Hampeq cosmology
- Medicine wheel overview
- Preparation for Rite 1

## **Weekend 2: Healer's Path + Rito del Sanador (Hampeq Rite)**

- Andean Healing Lineage
- Energetic cleansing
- Guided inner-journey
- Rite 1: Hampeq — Healer's Rite
- Integration circle

## **Weekend 3: Somatic Activation + Warrior Observer**

- Deep Kriya
- Warrior consciousness
- Shadow identification
- Live training Day 3–4 content (Aya 1–2 → Online guided “Inner Vision Journey”)
- Integration

## **Weekend 4: Purification & Reset**

- Kriya with detox
- “Kambo” teachings (no physical use)
- Self-purification techniques
- Somatic cleansing

## **Weekend 5: Ofrenda + Sacred Reciprocity**

- Guided offering ritual
- Ayni foundations
- Purification breathwork
- Integration

## **Weekend 6: Bands of Power Rite**

- Rite 2 — Bands of Power (Chumpis)
- Somatic protection practices
- Online hands-on modules (Module 1 & 2 from your Trello)
- “Children of Light” (Niños) teachings begin

# Syllabus

## **Weekend 7: Niños 1 + Ego Teaching**

- This matches Days 5–6
- Niños concept (inner child, detachment)
- Ego model (your Mexico lesson)
- Rite 3 — Harmony Rite
- Integration

## **Weekend 8: Niños 2 + Seer Rite**

- Advanced Niños
- Seer training: perception, reading energy
- Aya Week 3 teachings (but online vision journey)
- Rite 4 — Seer Rite
- Sharing

## **Weekend 9: Qhawak Rite + Priest Bridge**

- Matches Day 7–9
- Tepoztécatl teachings
- Fire Spiral meditation
- Rite 5 — Daykeeper Rite
- Sacred Feminine via Aya modules
- Priest threshold begins

## **Weekend 10: Wisdomkeeper Rite + Andean Healing Arts**

- Rite 6 — Wisdomkeeper Rite
- San Pedro teachings (online vision quest)
- Temazcal replacement ritual (breath + heat activation)
- Time Techniques (your Day 9 content)
- Priest threshold (Deep Andean rites + Death teachings)

## **Weekend 11: Death, Identity, Lineage**

- Reflecting your “Priest - Death” card
- Death of the old self
- Lineage healing
- Ceremony
- Integration

## **Weekend 12: Altomisayoq Rite**

- Rite 7 — Earthkeeper / Altomisayoq Rite
- Fire ritual
- Andean Healing Arts continuation
- Male/Female Q’ero lineage teachings

# Syllabus

## **Weekend 13: San Pedro 2 + 5th Dimension Teaching**

- Matches Day 10–12
- 5th dimension teachings
- Bufo teachings (spirit, not substance)
- Despacho 1 (online)
- Integration

## **Weekend 14: Guardian of the Stars Rite**

- Rite 8 — Starkeeper Rite
- 4th dimension, time, prophecy
- Sacred Sexuality intro
- Integration

## **Weekend 15: Seer Vision + Timeline Creation**

- Magician consciousness
- Visioning lab
- Kriya expansion

## **Weekend 16: Popocatépetl Fire Path + Masculine/Feminine Balance**

- Reflecting Days 13–14
- Volcano path symbolism
- Polarity healing
- Priest-Merchant bridge

## **Weekend 17: Creator Rite**

- Rite 9 — Creator Rite (Taitanchis Ranti)
- Full initiation
- New self embodiment
- Fire ceremony

## **Weekend 18: Despacho 2 + Integration of 9 Rites**

- Second despacho
- Earth–Cosmos alignment
- Initiated service path
- Community & leadership teachings

## **Weekend 19: Leadership & Service Blueprint**

- Hampeq identity consolidation
- Design your service path
- Ethical foundations
- Final peer-review

# Syllabus

## Weekend 20: Graduation, Initiation, Blessing

- Final ceremony
- Blessing of the four thresholds
- Integration
- Hampeq roadmap
- Certificates
- Closing fire ritual



# What to expect

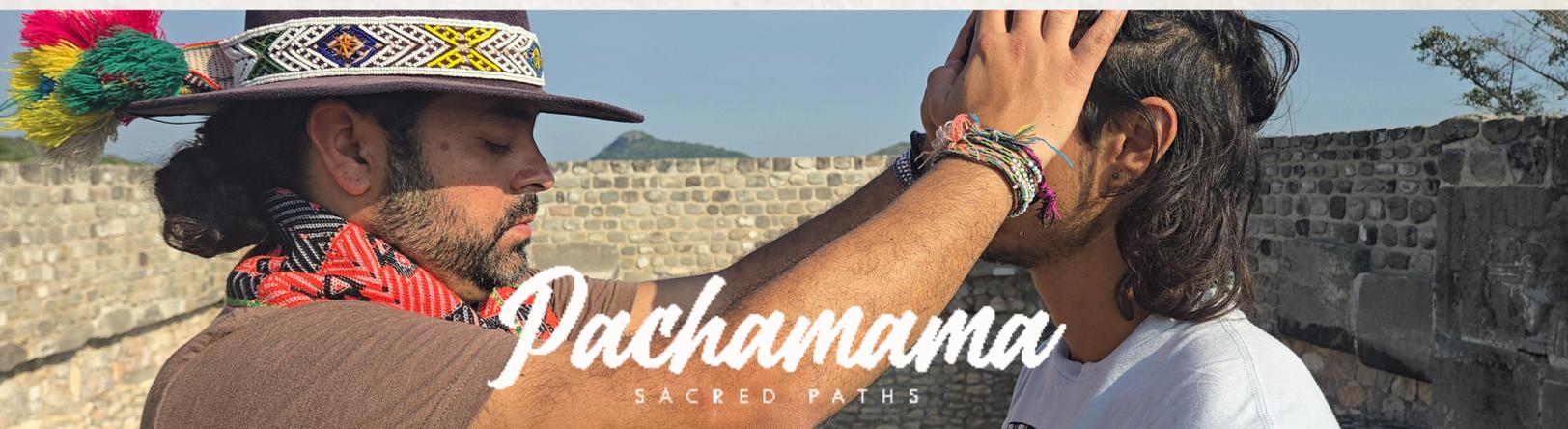
This training will provide you with the formation and education necessary to work with the Plant Sacrament. Most importantly, you will formalize and develop a personal relationship with many of Pachamama's sacred plants. This intensive training will help you establish an Ayni between yourself and the plants. Ayni means "Right Relationship," which is grounded in integrity with the spirit of each plant. You will be able to demonstrate this "Right Relationship" wherever you guide a ceremony.

Additionally, you will dive deep into the Andean Q'ero principles of Allin Kawsay (Right Living), which includes the ritualization of these principles to integrate the wisdom of the Qhapaq Ñan (Path of the Righteous) and other Q'ero teachings:

- You will learn our Icaros and find your own voice to create your own Icaros.
- You will learn how to consecrate each sacrament.
- You will learn the art of the Pampamissayoq.
- You will integrate the trade of the Hampeq (Plant Sacrament Healer).

The Hampeq is the Plant Sacrament Healer: the path of the shaman who has access to different states of consciousness through the use of nature's power plants, with the purpose of integrating these states to serve, heal, and assist yourself and others on their spiritual path.

- During this 15-day retreat, you will be provided with a safe and comfortable setting. All meals and accommodations are included.
- Traditionally guided ceremonies and rituals are intentionally created to help you gain a deeper understanding of your purpose and to manage the blockages that prevent you from living it fully. You can relax knowing that you will be cared for and assisted at all times throughout your training. We also offer post-ceremony integration support, as well as the opportunity to join a community of fellow seekers, learning and growing together.



# What to expect

3. You will experience profound and transformational Despachos (and other Rituals) to Remove Old energy and integrate new vistas that you have been looking For. You will learn how to guide these as Well.

4. You will receive 2 additional initiations: 1 with Yacumama (Spirit of the water) and 1 with NinaTaiya (Spirit of the Fire).

- **NinaTaita** (Grandfather fire) awakens the fire in your heart and mind to be able to self Transmute.

The fire within you means that you will re-acquire the capacity to heal yourself with the purification power of the Fire Element (Abuelo Fuego). Fire, in all cultures, has always been the element of purification, transmutation and fast transformation of Dense and stagnant Energies. In the Q'ero tradition, we understand that every single one of us possesses access to all Elements. This initiation allows you to experience the awakening of the power of your fire in the Temazcal ceremony where you will give birth to your Hridaya (Spiritual Heart).

- **Yacumama** (Mother water) awakens detachment in the flow of your Life.

What these Initiations mean is that you will recover your natural power to flow with any and all situations, free from old attachments which bring pain and Suffering.

5. Although Sacred Plants can help you observe the patterns of thought and behavior that are no longer Serving you, they WILL NOT do the work for You. You will learn to integrate your lessons more efficiently and teach others the art of Integration.

6. We believe you are the Healer, the Guru and the Shaman (Knower) of your Life. Mother Nature's plants are here to show us the path; the choice to walk the path is Yours.



# 9 Munay-Ki Rites

9 Munay-Ki Rites Munay-Ki is a word that comes from the Quechua language of Peru and means Universal Love, Ki means energy.

The ancient prophecies of the Mayans speak of a new human being on the planet, one who lives free from fear and resides in his transcendental nature.

The Munay-Ki contains the codes of this new human being. These codes are delivered through, energy transmissions or initiations in the form of seeds, being the task and responsibility of each one to germinate, make them grow and use them.

Receiving the Munay ki means that you are going to receive 9 rituals to make it easier for you to become a person full of wisdom and power, who lives through constant communication with the love in the heart, always connected to the Great Mystery, the source of all life and love.

The nine rites of the Munay-Ki have been transmitted throughout the world and have passed from generation to generation within the shamanic traditions, with different styles according to different cultures.

The Pampamissayoqs and Altomissayoqs of our tradition have always been ordinary men and women living extraordinary lives. It is not that they are born with special spiritual attributes, but through prayer, study of wisdom traditions, revelations, and discipline, they acquire their grace and power. Some of them become renowned healers or leaders, while others choose peaceful lives raising their children and growing Corn. The Q'ero, children of Mother Earth, have been raised in the high mountains of the Andes. And within the Q'ero, a small number of people who share common interests in the community, have kept and guarded this knowledge for millennia.

The high priests have always known that people would seek Munay-Ki when they were ready and felt called to do so.



# 9 Munay-Ki Rites

Many of us have felt the call of Spirit and longed to make a difference in the world we live in. When we approach the Earthkeeper's path with sincere intent and an open heart, we quickly realize that we are not alone. We find ourselves in the company of like-minded people who aspire to lead lives guided by resonance and vision.

Munay-Ki is a key that opens the way to a great leap in human evolution.

The Munay-Ki codes are energetic transmissions delivered into your luminous field. Your body of light receives them as seeds, which, when they germinate, make it easier for you to live with love, integrity, non-violence, and authenticity in every aspect of your life—even in thought.

As we receive the Munay-Ki, our chakras clear and we begin to develop what Andean priests call the "Rainbow Body." This occurs when our chakras radiate their original light. Each chakra has its own color, and when they all shine in their pure essence, they emit the colors of the rainbow. When our chakras are blocked or clouded by past traumas—from this or other lifetimes—our aura takes on a greyish hue and our chakras become pools of hucha, or dense energy.

Once we acquire the Rainbow Body, the Earthkeepers can recognize and connect with us, as they see we share a common calling and vision. At this stage, if we have cultivated the ability to perceive the invisible world, we can begin to discern the forms of these luminous beings. bility to see the invisible world, we can discern the forms of these luminous beings.



- 1 The rite of the HEALER**
- 2 The rite of Chumpis - POWER BANDS/BELTS**
- 3 The rite of the SEER**
- 4 The rite of HARMONY**
- 5 The rite of the DAY WATCH**
- 6 The rite of the KEEPERS OF WISDOM**
- 7 The rite of the GUARDIANS OF THE EARTH**
- 8 The Rite of the GUARDIANS OF THE STARS**
- 9 The rite of the CREATOR**

Your DNA is like a living computer filled with memories from your early years, past lives, and impressions from your parents, friends, and ancestors. These impressions are recorded in vivid color and intensity within your DNA, influencing your body, your emotions, your relationships with others, and even your connection with the planet you live on.

We live in a time of great change, becoming increasingly aware that we are being guided toward a more luminous frequency. We are part of this planet, and everything we do or think influences not only the Earth but also the entire Cosmos.

The Munay-Ki codes, once their seeds are nurtured, transform your vibrant and rich energy field into something harmonious and full of love with a divine fragrance. This is a different kind of love than the one you feel for a partner, a child, or a pet. It is an immense, luminous, powerful love of far greater intensity. Your body fills with light like a crystal, your seven chakras are activated, and they begin to inform and align again. Through this process, a profound transformation takes place.

You will feel a deep connection with the Earth, the Universe, and all living beings. You will experience a sense of oneness simply by breathing, and you will be able to help raise the Earth's frequency, contributing to the well-being of all life.

# Why choose Pachamama

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- We don't promise enlightenment, but we will help you understand yourself by holding space and by standing with you throughout your own initiation into Plant Sacrament.
- We understand that everyone's Anya (truth) is different and everyone has a unique timing for Awakening.
- We know one size does not fit all when it comes to realization, yet we meet everyone equally with an approach of Non-interference.
- We understand and believe in the value of natural Transformation through Plant sacrament.
- We have over 9 years of experience working with groups of people: guiding, assisting and growing with the community, witnessing the changes that participants go through, from deep physical healing to growing more abundance, prosperity and consistent well being.
- We do not offer ideas or concepts designed to confuse You.
- We believe that the way out of the labyrinth is through the same door we walked into It. The only way out is to know ourselves, to connect with ourselves, and to understand Ourselves.
- You will be provided with a Safe space for true and rich introspection which allows for a deeper understanding of who you are as you relax in knowing that you will be looked after and assisted at all times.
- Our Shamans and facilitators do not have super powers. They are normal people just like you, however they do have years of experience and devotion to the different plants sacraments and to the path of transformation that is offered.
- We don't worship any person or structure of belief. We believe you are the healer, the guru and the knower (shaman) of your life.
- You will enjoy the beauty of mother earth's natural plants as well as the rich culture that is engrained in San Miguel de Allende's history.

# Testimony

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Yvonne tells us about her experience in this training in this video. She also joined the Pachamama team.



# What is Ayahuasca-Corazon

Ayahuasca-Corazon is an entheogenic brew made from the traditional Ayahuasca vine and Chacrana.

Traditional Ayahuasca healing ceremonies have the potential to show people the mesh fabric of reality, prompting a powerful introspection of the inner setting. This particular Ayahuasca-Corazon brew contains Bobinsana, which is a shrubby tree normally found growing along river banks and streams in the Amazon basin. It's quite easy to identify the plant due to its stunning pink to reddish powder-puff-like flowers, which open twice a day: once around 4 AM and again around 4 PM.

Bobinsana is well-known and loved among the Amazon due to its medicinal properties. A decoction of its roots may be prepared as a depurative for strength and energy, for it boosts the immune system. Alternatively, a tincture of its bark may be prepared to heal arthritis, rheumatism, musculoskeletal pains, edema/oedema, and uterine disorders.

Above all, Bobinsana is a sacred plant teacher and is used by shamans for its spiritual qualities. We are particularly interested in working with Bobinsana for its gentle heart-opening qualities and its ability to teach us self-love.



# What is Niños Santos

Niños Santos (Also called Psilocybin mushrooms) is a sacred teacher that, in some sense, strips the user of their ego and sense of individuality. Once the ego and contrived perceptions of one's place and purpose in the world is set aside, the user soon comes to realize and sense a deep interconnectedness with the other life forms of the cosmos. This process is often described in terms similar to a mystical or deeply spiritual experience. For the user, this experience is far from hallucination, and the insights and sensations imparted can often be seen as a turning point in one's life. If a typical psilocybin session had to be summarized, one could argue that the main lessons gained from this sacrament is that all life has inherent value and to take care of that life.

These lessons extends from caring for one's self, to those around them, to all The Earth's inhabitants, to the earth and to the complex and dynamic multiverse beyond. Niños Santos grant a Magic experience of the subtle realm that can be intense in its transformation, providing a sense of self which is long-lasting and which has the potential to sustain desirable change in our daily Lives.



*Pachamama*  
S A C R E D P A T H S

# What is San Pedro

Huachuma (also variously known as andachuma, aguacolla, or wachuma) is a lesser-known shamanic medicine, but one that some consider the greatest of all plant teachers on the South American continent. It's derived from the San Pedro cactus and composed principally of mescaline — in its pure form, a psychedelic similar in effect to LSD or psilocybin.

Though it has parallels to the iboga ceremonies of West Africa and the ayahuasca ceremonies of the Amazon, Huachuma and the curanderos who use it originate in the Andes of Peru and surrounding desert regions. Its history stretches back as far as 1200 BCE, when it was used by the Chavín culture on the west coast of South America. The Chavín produced many sacred designs of a deity clutching the distinctive cactus, making it the oldest recorded psychedelic medicine.

It may have its roots as a sacrament to ancient rain cults. Its use today extends into northern Chile, Bolivia, and Ecuador, where many curanderos practice in the original Chavín tradition.

In Peru, curanderos have used huachuma to treat depressive symptoms, alcoholism, and mood disorders. Those who have undergone the ceremony report that they can connect to their divine, true self. A feeling of universal belonging—the sense that we are all one—is common.

Uniquely, many users report that the huachuma presents them with “tests” that teach valuable lessons. Practitioners often report a deep and heightened perception of the world as it truly is. For those struggling to know themselves or understand others, huachuma presents a unique way to specifically explore your inner psyche and your greater place in the world.



# What is Hapé (Rapé)

Hapé is a tobacco snuff which has at its core the tobacco species *Nicotiana Rustica*. This Amazonian tobacco, also known as Mapacho, is used extensively in tribal rituals and is much stronger than *N. Tabacum*, which is the type of tobacco found in cigarettes. The indigenous people who have long used Hapé see the ceremonial use of Hapé as a form of prayer that calls upon the forces of Nature, the blessings of the animals of the forest, and powerful medicinal plants to heal us and give us strength. It is therefore important that you use this substance in a respectful environment focused on healing.

## What are the benefits of Rapé?

- Helps focus and sharpen the mind.
- Clears a person or space of distracting, bad energies in preparation for intention setting.
- Detoxes both body and mind and clears your energetic field.
- Because of this, Rapé is often used in conjunction with Ayahuasca ceremonies.
- Clears sinuses of mucus and bacteria, thereby helping to combat colds and respiratory ailments.
- Provides a calming, grounding effect on the emotions that lasts much longer than the initial sensation.



# What is Sapito

The word Sapito comes from the word Sapo, which means toad. Sapito is an endearing term that means “little toad.”

The Sapito medicine comes from the toad *Bufo Alvarius*, which is a toad that lives in the Sonoran Desert in the northern part of Mexico. The toad’s gland secretion is extracted and smoked for an immediate experience, which lasts anywhere between 15 and 25 minutes. The main compound is 5-MeO-DMT.

Sapito medicine deals directly with the 7th (Sahasrara) chakra, unlike Ayahuasca, which deals with the 6th (Ajna) chakra. This is an experience of the subtle reality world, which gives a clear understanding of who and what we are. It facilitates a transpersonal state that is very powerful and has the potential to show the participant a real and personal understanding of what resonates and what doesn’t resonate with them.

Many people who have tried this medicine describe the experience as utterly sublime — a true meeting of Self and cosmic unity.

What is sure for everyone who experiences this medicine is that what is experienced brings new vistas of clarity, potential, empowerment, and strength to bring about the highly inspired visions received with this healing medicine.

Furthermore, there is an energetic alignment that takes place, giving way to a possible purge, which then brings about lightness in the participant’s personality.



# What is Sananga

Sananga is the name given to the potent liquid eye drops made from the shredded root of an Amazonian shrub, Uchu Sanango, scientifically known as *Tabernaemontana sananho*. Bechette is the name given to eye drops with similar properties, made from the root of a related shrub known as *Tabernaemontana undulata*.

Ucho Sanango is a master plant commonly used in plant dietas alongside Ayahuasca, used for a variety of reasons, such as being used as a purgative, diuretic, fever reducer, calmative, memory enhancer, and even to help in the healing and realigning of both the muscular and skeletal system.

## What are the benefits of Sananga?

As far as using Sananga as an eye plant sacrament goes, it's said to improve eye conditions such as cataracts, glaucoma, conjunctivitis, red eyes, itchy eyes, eye infections, styes, as well as clearing out the sinuses and helping with certain types of headaches. Sananga is known to bring greater texture, detail, and depth to one's environment; enhancing colours and sharpening visual perception. It's said that these eye drops help to reset the body's energetic field, opening the third eye, balancing the chakras, and clearing out negative or dark energies, known as 'panema'. The list of potential benefits continues on, with reports that it's helpful in treating depression, anxiety, and addictions; helping to bring clarity in general and putting things into perspective.



# The Ofrenda / Despachos / Community

